Allergens and additives.



一面之缘 LALA NOODLE

Enzianstr. 2 12203 Berlin

Opening hour: 12 -22h
Tuesday and Wednesday closed
www.lalanoodle-berlin.de



lalanoodleberlin



All dishes are free of monosodium glutamate (MSG).

Prices include 19% VAT

a = gluten-containing cereals

b = crustaceans and products thereof

c = eggs and products thereof

d = fish and fish products (except fish gelatin)

e = peanuts and products thereof

f = soybeans and products thereof

g = milk and dairy products (including lactose)

h = tree nuts and products thereof

i = celery and products thereof

j = mustard and products thereof

k = sesame seeds and products thereof

I = sulfur dioxide and sulfites

m = lupin and products thereof

n = mollusks (snails, mussels, squid, etc.)

. with preservatives

2. with food coloring

3. with antioxidants

4. with sweetener saccharin

5. with sweetener cyclamate

6. with sweetener aspartame, contains a source of phenylalanine

7. with sweetener acesulfame

8. with phosphate

9. sulfured

10. contains quinine

11. contains caffeine

12. with flavor enhancers

13. blackened

14. waxed

15. genetically modified

手工拉面 Handpulled Noodles[®]

Our homemade noodles "LaLa-Noodles"

拉拉面

Enjoy the traditional Chinese dish of handmade wide noodles, which has gained great popularity worldwide. These noodles are known for their unique texture and flavor.

The production of these wide noodles requires skill and experience. Through careful kneading, pulling, and shaping of flour and water, wide and flat noodle sheets are created. These sheets are then hand-cut into strips of the desired width, slightly wider than regular noodles. When cooked, the wide noodles retain their shape, giving them a chewy and satisfying texture.

Our handmade wide noodles offer you a special homemade taste and a touch of traditional charm. They contain no additives, making them healthier and more authentic

Vegan V All dishes are free of monosodium glutamate (MSG).

Spicy Prices include 19% VAT

All noodle dishes^{a,e,f,k} are prepared very authentically with pakchoi, enoki mushrooms, soybean sprouts, leeks, ginger, garlic, cilantro, peanuts, and sesame oil. If you have any allergies or preferences regarding ingredients or spices, please inform our staff.

1.	油泼面 LaLa Youpo Noodles Vegan, spicy upon request ♥	.12,90€
2.	五香豆腐面 LaLa Noodeln smoked tofu, peanut sauce on the side V	.13,90€
2a.	. 担担面V Dan Dan Noodle with peanut sauce しし	.14,90€
3.	炸酱面 LaLa zhajiang noodle with minced pork し	.14,90€
4.	酸菜肉丝面LaLa Nudeln with pork and pickeled vegetable	.14,90€
5.	麻辣棒棒鸡面LaLa Nudeln mit chicken In Sichuan style, peppery spicy	,
6.	沙茶牛肉LaLa noodles with spicy beef.	16,90€

汤面 Noodle Soup with Homemade Noodles

All noodle dishes are prepared very authentically with Pok choi, enoki mushrooms, soybean sprouts, leeks, ginger, garlic, and sesame oil. If you have any ingredient or spice allergies or preferences, please feel free to let us know.

7. 罗汉素汤面	13,90€
Vegan Nood	le soup with vegetables $ec{V}$

- 8. 麻辣牛肉面......17,90€ Sichuan noodle soup with braised beef **しし**
- 9. 五香排骨卤面......16,90€ Noodle soup with braised pork ribs.



Vegan V

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盖浇饭 Rice bowl

A1. Rice bowl with assorted vegetables. ✓10,90€	
A2. Rice bowl with smoked tofu and assorted vegetables. V11,90€	
A3. Rice bowl with minced pork, vegetables in Gong Bao style, spicy wit garlic and peanuts12,90€	r
A4. Rice bowl with pork ribs, Lucai sauce, and vegetables	
A5. Rice bowl with Sichuan-style spicy chicken, peppery	
A6. Rice bowl with braised beef in spicy Taiwan Sacha spices15,90€	



"Tapas Chinese style " 点心

The Chinese term "Dim Sum" is used for all kinds of snacks and small bites. Literally translated, Dim Sum means "touching the heart" (in the sense of "small delectable bites that touch the heart"). They originate from Cantonese cuisine in China and are often associated with traditional tea houses. Dim Sum can be found in countless variations and price ranges, especially in the southern and eastern parts of China. They are like Chinese tapas, consisting of small dishes that are typically served with classic Chinese tea, often in small bamboo baskets.

The bamboo baskets, with a diameter of approximately 20cm, can be stacked on top of each other for steaming, with the top one being covered. Each basket has a bamboo or sometimes metal grid where the dishes are placed. It is common to enhance the meal with soy sauce or other sauces, some of which may be spicy, according to personal taste. The majority of Dim Sum dishes consist of filled dumplings. The fillings can include various types of meat, seafood, vegetables, and even sweet ingredients.

点心 Dim Sum

7,90€ / Portion

- 10. 红油素饺 Vegan Jiao Zi (Dumplings) with spinach wrapper in garlic-chili sauce^a. **V**
- 11. 红油水饺 Jiao Zi (Dumplings) with minced meat and vegetables in a garlic-Chili sauce^a
- 12. 饺子 Jiao Zi (Dumplings) with Dipa
- 13. 烧卖 Shao Mai with pork meat
- 14. 虾饺 Xia Jiao rice dumplings with Prawns^b



凉菜 Vegane Cold Tapas √

7,90€ / Portion

- 15. 麻辣黄瓜 Cucumber in chili sauce with Sichuan pepper **L**
- 16. 蒜泥黄瓜 Cucumber with garlic, enhanced with sesame oil.
- 17. 凉拌面 cold noodle with garlic vinegar sauceⁿ
- 18. 凉拌海带 Seaweed with garlic, ginger, sesame, and cilantro
- 19. 辣白菜 Kimchi, pickled Chinese cabbage with garlic and chili



+ Rice 1,50€ per Portion



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Prices include 19% VAT



卤菜 Lu Cai - Tapas

7,90€ /Portion

"Lu Cai" 现捞现卤鲜香

"Lu Cai" is a traditional Chinese dish where meat or vegetables are marinated with a sauce made from 5 spices and slowly braised on low heat. This allows the flavors of star anise, Sichuan pepper, ginger, bay leaves, cinnamon, as well as rice wine and soy sauce to infuse into the meat or vegetables. These spices give the dishes a unique and spicy flavour.



cold: spicy

20. 夫妻肺片 Beef and pork with garlic, chili oil, ginger, Sichuan pepper, rice vinegar, sesame, and cilantro 21. 蒜泥白肉 Beef and pork with garlic, chili oil, ginger, Sichuan pepper, rice vinegar, sesame, and cilantro 22. 口水鸡 Chicken thighs in a spicy and peppery sauce with cilantro, sesame, and peanuts^{e,n}

warm: Spicy and piquant

- 23. 卤鸡腿 Chicken
- 24. 卤排骨 Pork Rips
- 25. 卤牛肉 Beef
- 26. 上海青+金针茹 Shanghai Pak Choi
 - + Enoki Needle Mushrooms V
- 27. 酸辣粉 Rice noodle in sour spicy peanut sauce
- 28. 毛豆 Edamame ▼
- + Rice 1,50€ per Portion





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Ma-La Tapas a,e,f,k

7,90 € / Portion

Are popular small Chinese dishes known for their spicy and numbing flavor profile. The name literally means 'tingling-spicy' and refers to the characteristic combination of Sichuan pepper ('ma') and hot spices ("la").

- 29. Chicken with Vegetables and Spicy Peanut-Sesame Sauce
- 30. Pork Belly with Vegetables and Spicy Peanut-Sesame Sauce
- 31. Pork Ribs with Vegetables and Spicy Peanut-Sesame Sauce
- 32. Beef with Vegetables and Spicy Peanut-Sesame Sauce
- 33. Vegetables with Spicy Peanut-Sesame Sauce V

桂林米粉 Guilin Rice Noodlesa,e,f,k

It is a popular Chinese dish from the city of Guilin. The noodles are served in a spicy sauce prepared with a blend of various spices and herbs, giving them a unique flavor. Guilin Rice Noodles are a beloved street food specialty, showcasing the regional flavors of Guilin.

34. Rice Noodles with Spicy Beef, Braised Pork Belly, Assorted Vegetables, Ginger, and Garlic.......16,90 €

广西老友粉 Old Friends Rice Noodlesa,e,f,k

Originating from the Guangxi region, these noodles are known for their hearty and comforting qualities. This dish is a warm, nourishing comfort food that highlights the culinary traditions of Guangxi. The name 'Old Friends' suggests a sense of familiarity and nostalgia, making it a dish beloved by locals and visitors alike.

35. Rice Noodle Soup in Rich Chicken Broth with Chicken, Vegetables, Ginger, and Garlic

15,90 €

Warm Drinks



Chrysanthemum flower tea with goji berries	
Rose petals with Goji Berries	
Weißer Ginseng-Tee mit Goji Beeren5,90€ (Alleviates fatigue and stimulates the production of happiness hormones.)	

Green Tea (From organically sustainable cultivation.)4,50€ (Has antibacterial properties and regulates blood pressure, lipid metabolism, and glucose metabolism.)

Fresh Ginger Tea	4,50€
with Mint, Honey, Lime and Goji Berries	·
Fresh Ginger Tea	4,50€
with Mint, Honey, Orange and Goji Berries	

Coffee¹⁰ 2,80€ Espresso¹⁰ 2,80€

Zusatzstoff: 1 Farbestoff 2 Konservierungsstoff 3 Antioxidationsmittel 4 Geschmacksverstärker 5 Geschwefett 6 Geschwärzt 7 Gewachst 8 Chininhaltig 9 süßungsmittel 10 Koffeinhaltig 11 E-Zusatzstoff 12 Taurin

甜品 Dessert

6,90€

36. **Crêpe with Banana**, 1 Scoop Vanilla Ice Cream, whipped cream and Chocolate sauce^{,cg}



37. **Matcha Mochi** Cake (2pieces) with 1 scoop of Vanilla ice crem and whipped cream, Chocolate sauce



38. Coupe Dänemark 3 Scoops of Vanilla ice cream with whipped cream and chocolate sauce



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GETRÄNKEKARTE



Limonade (0,3l)

Ginger lemonade with lime, mint, and cane sugar Mango lemonade with mint Lychee lemonade with cucumber and mint + Rum €3,00€		4,90€
Gerolsteiner mineral water bottle Gerolsteiner mineral water bottle Juice (Mango ^{1,4,5} or Lychee) Juice (Mango ^{1,4,5} o. Lychee)		.3,80€/ 0.4 .3,20€/0.2l
Wine Merlot vin de Pays, dry. from South-France	0,2l 5,90€	0,5l 14,90€
Fantini Farnese Primitivo Puglia IGP, strong dry Italian red wine .	8,90€	20,90€
Weißburgunder white wine QBA Qualitätswein, fruity dry. Rheinhessen.	5,90€	14,90€

Beer & Liquor/Spirits.

beer & Elquoi, Spirits.	
Bitburger Beer ^a	3,90€/ 0,331
Qingtao Beer ^a	4,20€/ 0,331
Erdinger Alcoholfree ^a	4,90€/ 0,51
Paulaner Kristallweizen ^a	4,90€/ 0,51
Rice-/ herbalschnaps	3,90€/ 2cl